

**Be Strong!**  
**Biblical Encouragement for Challenging Times**

Isaiah 40:21-31  
Philippians 4:10-14

His strength is for the \_\_\_\_\_ moment

*Is there a "secret" to dealing with life's toughest situations?*

*The lesson I learn in distress is ...*

His strength is for the \_\_\_\_\_ task

*God will not call me to any task on the basis of my strength, but on the availability of His!*

*He calls the \_\_\_\_\_; not necessarily the \_\_\_\_\_!*

*1 Tim 1:12-16*

*4 tasks in this moment:*

His strength is for the \_\_\_\_\_ opportunity

*The less "\_\_\_\_\_ " I am and the more God-dependent I am, the more God is glorified in my life.*

*2 Cor. 12:7-10*

**Some final thoughts:**

*Encouragement doesn't typically happen in \_\_\_\_\_.*

*Strength can be \_\_\_\_\_ and \_\_\_\_\_*

*We are now at the intersection of \_\_\_\_\_ and \_\_\_\_\_.*

*Our response?*